

May, 2009

## Bethany E. Kok

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### EDUCATION

- 2011 (expected) Ph.D. in Social Psychology, University of North Carolina at Chapel Hill
- 2008 M.A. in Social Psychology, University of North Carolina at Chapel Hill  
Thesis: *The Process of Other-Focus: A Synthetic Social Psychological Model*  
(Advisor, B.L. Fredrickson)
- 2006 B.A. in Psychology, St. Olaf College, Northfield, Minnesota  
Distinction in major of psychology, *summa cum laude*  
Minors: Statistics, Computer Science

### AWARDS AND FELLOWSHIPS

- 2006 - 2011 William R. Kenan Jr. Fellowship, University of North Carolina at Chapel Hill
- 2009 Psychology Club Graduate Research Mentor Award, University of North Carolina at Chapel Hill
- 2008 Recognized for superior teaching skill, Spring and Fall 2008, Psychology Department, University of North Carolina at Chapel Hill
- 2008 Honorable Mention, NSF Graduate Research Fellowship
- 2002 – 2006 Regents Scholar, St. Olaf College
- 2002 - 2006 National Merit Scholar
- 2006 Phi Beta Kappa, St. Olaf College
- 2006 Donald G. Paterson Award, Minnesota Psychological Association
- 2005 Howard Hughes Foundation Fellowship, St. Olaf College
- 2005 Gordon Allport Psychology Award, St. Olaf College
- 2004 - 2005 NSF Undergraduate Research Fellowship in Statistics, Center for Interdisciplinary Research at St. Olaf College

### GRANTS

- 2007 Graduate Mentor Support Grant, Office of Undergraduate Research, University of North Carolina at Chapel Hill (\$1,000)

### PUBLICATIONS

- Pek, J., Sterba, S. K., **Kok, B.E.** & Bauer, D. J. (in press). Estimating and visualizing nonlinear relations among latent variables: A semiparametric approach. *Multivariate Behavioral Research*.
- Kok, B.E.**, Catalino, L. I. & Fredrickson, B.L. (2008). The broadening, building, buffering effects of positive emotions. In S. Lopez (Ed.). *Positive Psychology* [Four Volumes]: *Exploring the Best in*

*People. Vol. 3 Capitalizing on emotional experiences.* (pp.1-19). Westport, CT: Greenwood Publishing Company.

## MANUSCRIPTS UNDER REVIEW

**Kok, B.E.** & Fredrickson, B.L. A bodymind perspective on affiliation and health: An interdisciplinary synthesis. *Perspectives on Psychological Science*.

## MANUSCRIPTS IN PREPARATION

**Kok, B.E.** & Fredrickson, B.L. Cognitive load eliminates the own-race bias in facial recognition.

**Kok, B.E.** & Fredrickson, B.L. Respiratory sinus arrhythmia as a moderator of the effectiveness of lovingkindness meditation.

## PRESENTATIONS

**Kok, B.E.** & Fredrickson, B.L. (May, 2009). *Baseline Vagal Tone Predicts Social Connectedness, Positive Emotion, and May Predict Progesterone Levels.* Association for Psychological Science. San Francisco, CA.

**Kok, B.E.** & Fredrickson, B.L. (February, 2009). *A Bodymind Perspective on Affiliation and Health.* Society for Personality and Social Psychology Conference. Tampa, FL.

**Kok, B.E.** & Fredrickson, B.L. (May, 2008). *The Process of Other-Focus: Evidence for a Psychophysiological Model.* Association for Psychological Science. Chicago, IL.

Lee, H., **Kok, B.E.** & Fredrickson, B.L. (May, 2008). *The Eight Coping Behaviors Related to Positive Emotion, Self-Transcendence, and Psychological Resilience.* Association for Psychological Science. Chicago, IL.

**Kok, B.E.** & Fredrickson, B.L. (October, 2007). *Cardiac Vagal Tone and Social Engagement: Support for the Polyvagal Theory.* Society for Southeastern Social Psychologists Conference. Durham, NC.

Jacobson (**Kok**), **B.E.** & McMillan, D. (January, 2006). *Religiosity, Environmental Identity and Well-Being.* Society for Personality and Social Psychology Conference. Palm Springs, CA.

## SOFTWARE

**Kok, B.E.**, Pek, J., Sterba, S. & Bauer, D.J. (2008). *PlotSEMM: An R package for visualizing nonlinear relations among latent variables.* Comprehensive R Archive Network: <http://cran.r-project.org/>

## COURSES TAUGHT

University of North Carolina at Chapel Hill  
Introduction to Social Psychology  
Independent Research

St. Olaf College  
Introduction to Psychology: Laboratory

## UNDERGRADUATE ADVISING

2009 (Spring) Sarah Edwards, *Positive Affect Interventions and Their Possible Effects on Work Behaviors*

- 2008 (Spring) Adam Childers, *The Influence of Sexual Orientation on Determinants of Others' Physical Attractiveness*
- 2008 (Spring) Denise Wallace, *Can Belief in a Higher Power Have Positive Emotional Effects?*
- 2007 (Fall) Kayzandine Exum, *Ingroup Salience Shifts the Own-Race Bias*
- 2007 (Spring, Summer) Hyunjung Crystal Lee, *Identifying Relationships among Self-Transcendence, Positive Emotion, and Coping Behavior for College Students*
- 2007 (Spring) Angela Vandergrift, *The Effect of Positive Emotions on Prosocial, Cooperative Behavior*

## TEACHING TRAINING

- 2007 Future Faculty Fellowship Program  
Intensive six-day college teaching training course.  
University of North Carolina at Chapel Hill
- 2007 College Teaching (Professional Problems in Psychology 792)  
Course on research and practice in college teaching and learning.  
University of North Carolina at Chapel Hill
- 2005 Preceptorship: Introduction to Psychology Lab  
Semester-long supervised teaching experience in a laboratory setting.  
St. Olaf College

## PROFESSIONAL SOCIETIES

Society for Personality and Social Psychology  
Association for Psychological Science

## DEPARTMENT/UNIVERSITY SERVICE

- 2009 LGBT Safe Zone Ally, UNC LGBT Center
- 2008 - 2009 Academic Liaison, Social Psychology Program
- 2006 UNC at Chapel Hill Psi Chi *Life in Graduate School* guest speaker

## OTHER PUBLICATIONS

Kok, B.E. (2009, Spring). Shipwreck. *Knitty Magazine*. Retrieved March 17, 2009 from <http://www.knitty.com/ISSUESpring09/PATTshipwreck.php>